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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, November 29, 2025

God is within

God is within you, God is within me. All that is, all that breathes, all that moves, is the One Divine. Life itself is a sacred teacher, guiding us to remember the unity that underlies every experience. Every joy, every sorrow, every lesson is a reflection of the same eternal Light, inviting us to awaken, to integrate, and to dwell fully in the boundless oneness of God.

- November 29, 2025

1 comment:

Chris Comish November 29, 2025 at 7:49 PM

Joy teaches gratitude, outwardly celebrating life's abundance.

Sorrow teaches compassion and faith, inwardly cultivating depth, understanding, and trust.

Both are complementary—together, they expand the heart and the soul.

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Light body

Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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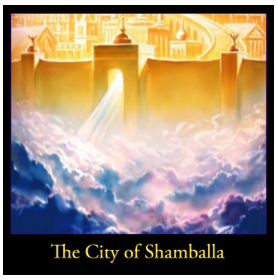

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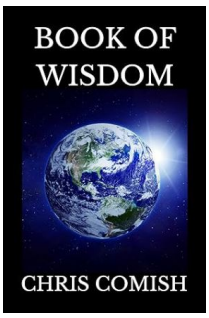

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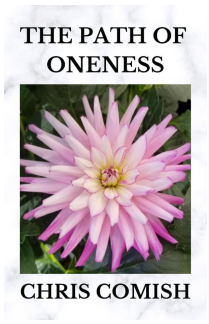

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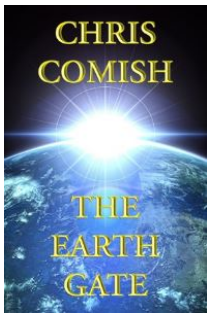

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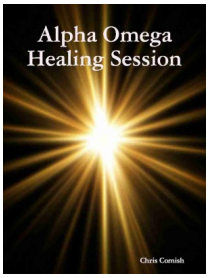

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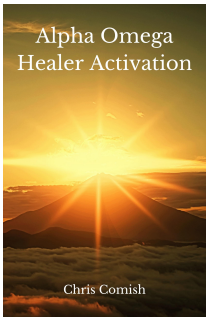

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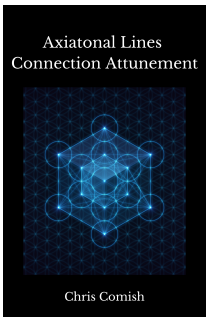

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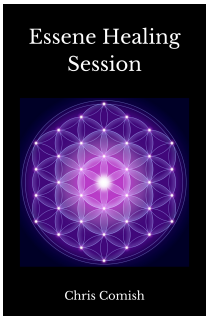

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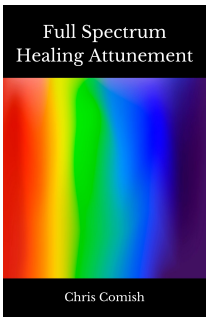

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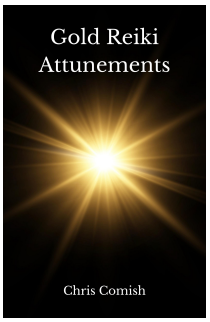

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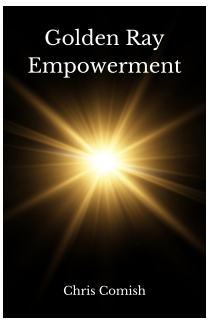

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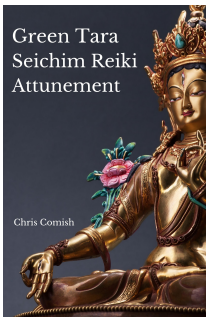

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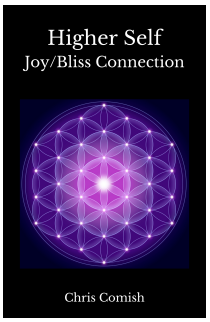

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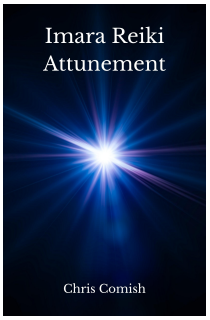

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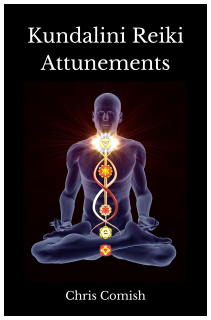

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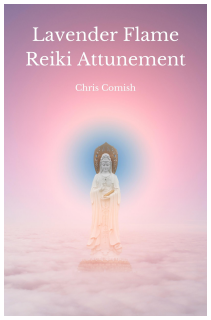

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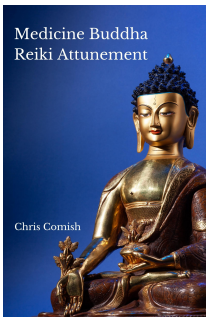

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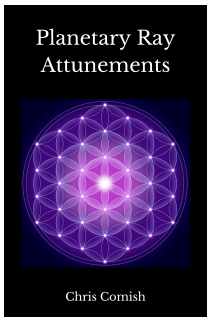

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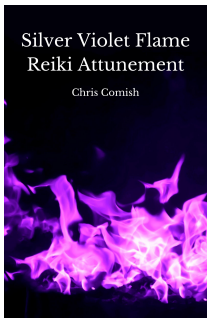

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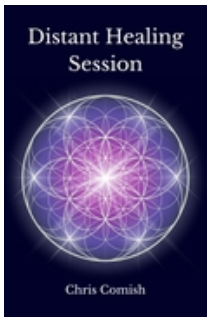

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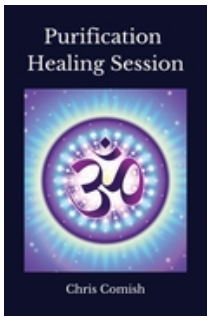

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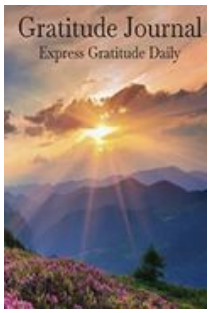

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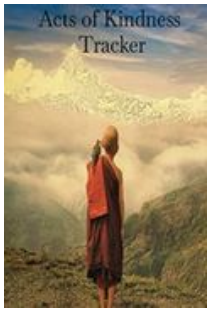

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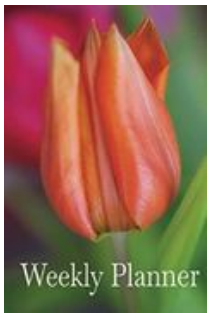

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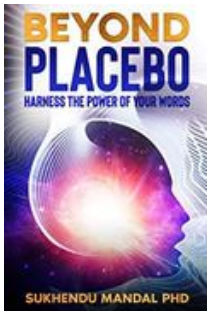

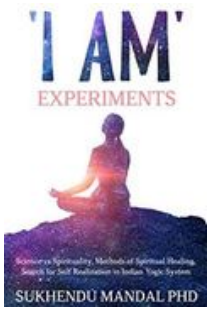

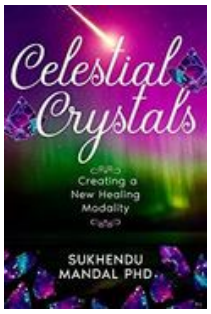

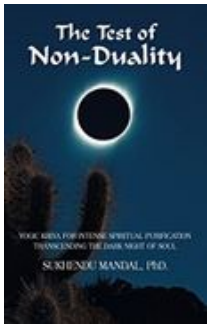

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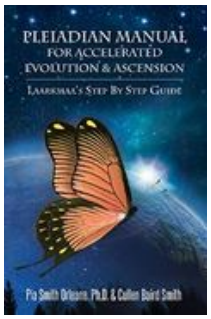

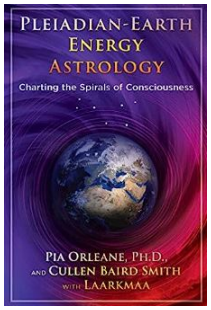
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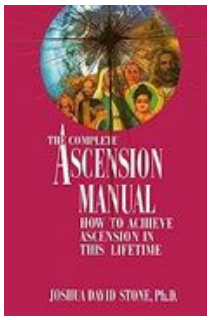
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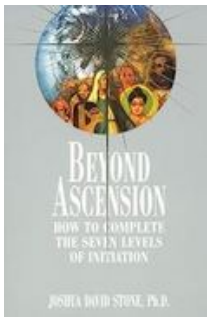
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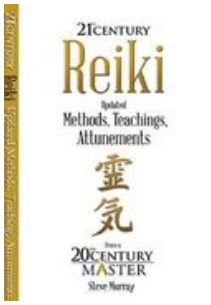
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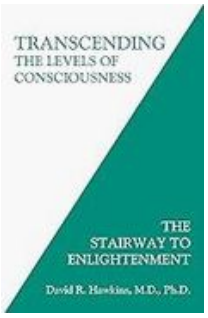
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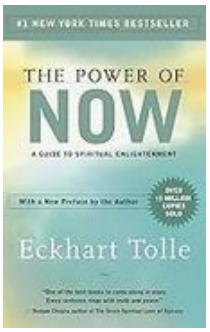
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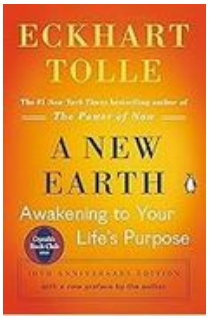
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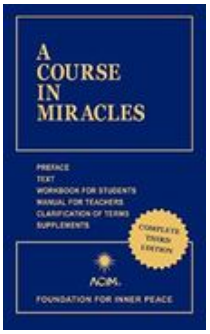
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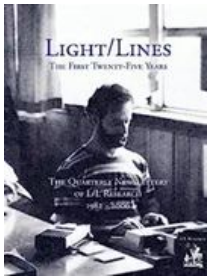
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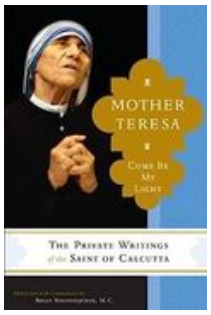
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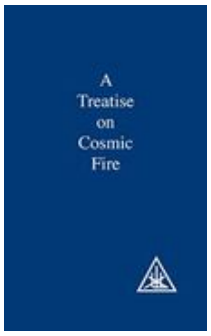
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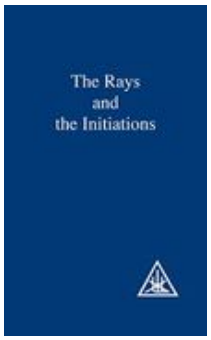
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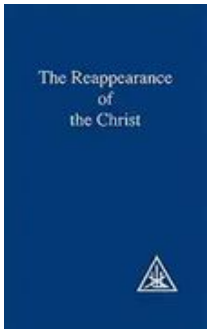
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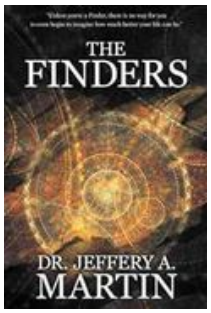
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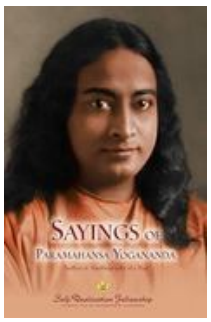
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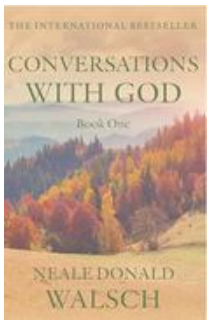
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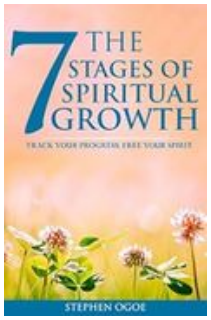
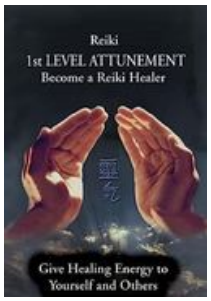
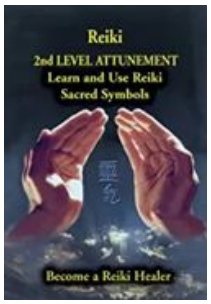
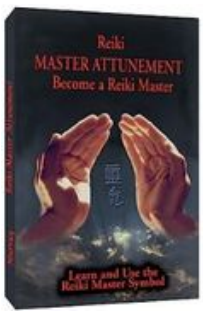
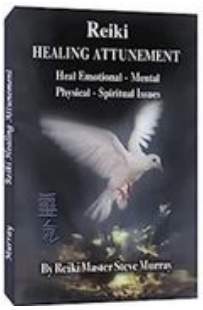


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
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